



SEIRAN ENGLISH JOURNAL



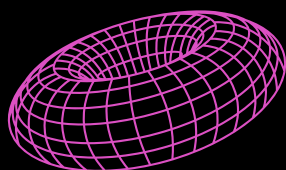
JULY 2026



YOUTH SLANG



Ota Higashi High School

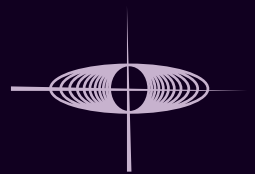


Let's explore the language used by
Japan's young people in the Reiwa
era.





SLANG



Slang is used in any language, all over the world, mainly by young people. Today, I will teach you some popular slang used by Generation Z (Z世代, people born 1997 - 2012).

荐者言葉

These words are popular in the United States of America, but because of the internet, they have become popular in other English-speaking countries too.

RIZZ:

Short for 'charisma' (pronounced /ka-RIZZ-ma/). Someone with rizz is charming, and can easily attract romantic partners.

DELULU:

Short for 'delusional', meaning that someone strongly believes something that is not true, even when there is clear evidence.

**CAP /
NO CAP:**

Cap means to lie or exaggerate. 'No Cap' means you are telling the truth.

**LOWKEY /
HIGHKEY:**

'Lowkey' is casual or secretive (e.g., mildly wanting something), while 'highkey' means very much so or obviously.

Charisma (名): カリスマ, シャルム Attract (動): 惹き付ける
Delusional (形容): 妄想的な Evidence (名): 証拠
Exaggerate (動): 誇張する Secretive (形容): 秘密主義の

**MAIN
CHARACTER
ENERGY**

Showing so much confidence, or arrogance, that to others you seem to be acting like the main character in a game, TV show, or movie.

ICK:

A feeling of repulsion from someone, usually a romantic interest.

**TOUCH
GRASS:**

A command to someone to stop using the internet and go outside, to experience the real world.

BUSSIN:

Very delicious (usually referring to food).

Arrogance (名): 傲慢 Repulsion (名): 反発 Grass (名): 草 Command (動): 命令する

SLAPS:

Really good or high quality (usually used to describe music or food).

MID:

Average, mediocre, or forgettable.

COOKED:

A bad situation, something is ruined, or you are defeated

SLAY:

To do something really well or to look flawless.

Describe (動): 説明する Mediocre (形容): 平凡な Forgettable (形容): 忘れやすい
Ruined (形容): 台無しにされた Flawless (形容): 完璧な

W O R L:

Short for 'win' and 'loss'. Used to talk about a big success or failure.

LOCK-IN:

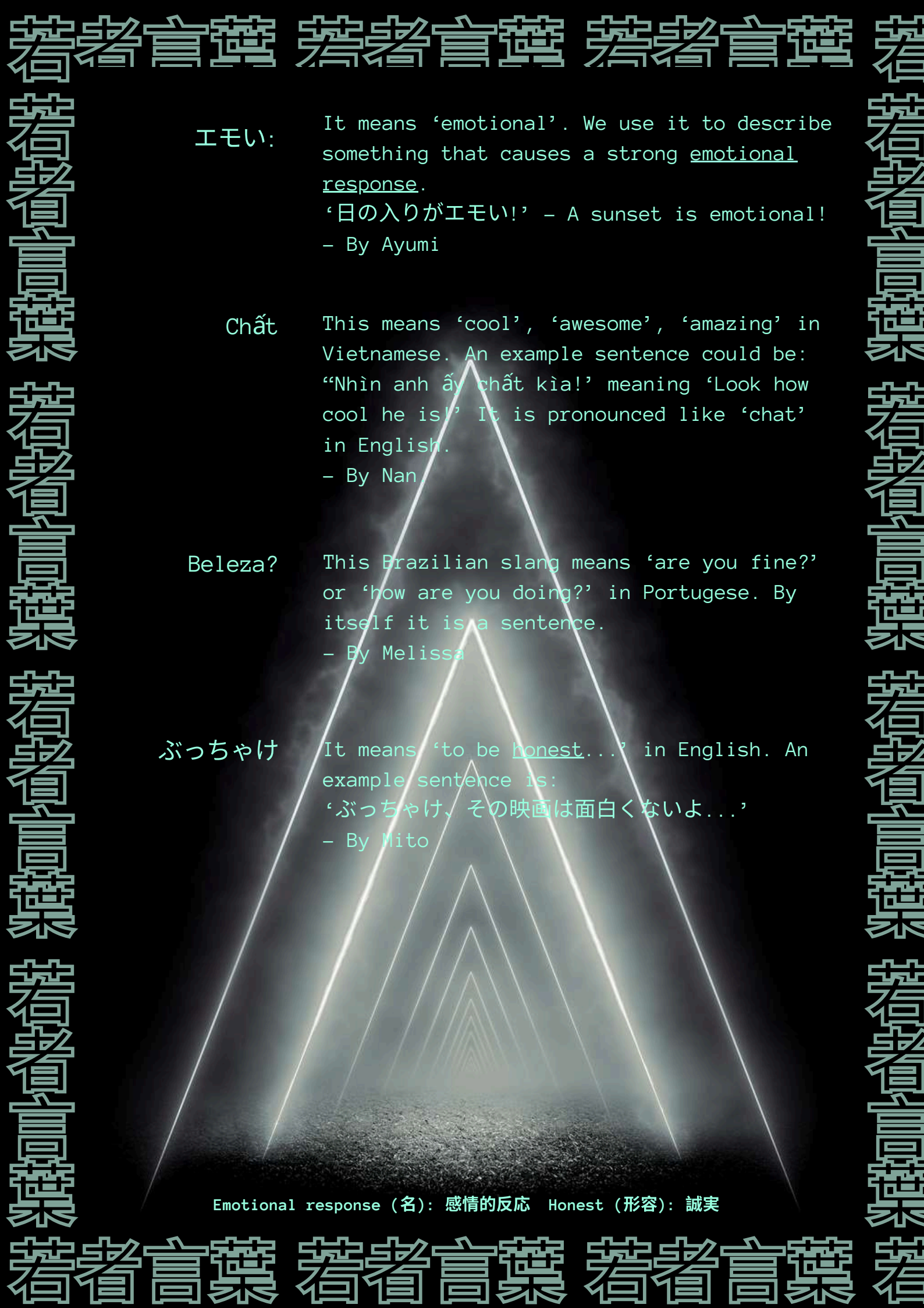
To focus, concerntrate, and try your best at something

💀 **(SKULL EMOJI):**

Used in place of 😂 to show that something is so funny it 'killed' you.



Concerntrate (動): 集中する



エモい:

It means 'emotional'. We use it to describe something that causes a strong emotional response.

‘日の入りがエモい!’ – A sunset is emotional!
– By Ayumi

Chất

This means ‘cool’, ‘awesome’, ‘amazing’ in Vietnamese. An example sentence could be: “Nhìn anh ấy chất kìa!” meaning ‘Look how cool he is!’ It is pronounced like ‘chat’ in English.

– By Nan

Beleza?

This Brazilian slang means ‘are you fine?’ or ‘how are you doing?’ in Portuguese. By itself it is a sentence.

– By Melissa

ぶっちゃけ

It means ‘to be honest...’ in English. An example sentence is:

‘ぶっちゃけ、その映画は面白くないよ...’
– By Mito

Emotional response (名): 感情的反応 Honest (形容): 誠実

神

My favorite slang is 神. This kanji means 'god' or 'divine'.

The meaning in English is 'the best!' or 'wonderful!'. An example sentence is:

‘学校休校になって神!’

– By Sota

メロい

It means 'to be fascinated by something', or 'very interested in'. Actually, it has a romantic meaning – 'to be head over heels in love'! For example:

‘彼はメロい!’

– By Yuzuki

それな

My favorite slang is それな.

It's meaning in Japanese is だよな.

It's meaning in English is 'That's exactly it'.

An example sentence is:

‘〇〇って△△だよな’ – ‘それな!’

– By Saki

ほんMONEY

The meaning in English is like それな above – so 'Exactly' or 'I think so too'.

The meaning in Japanese is 本当にわかる.

The example sentence is:

‘〇〇だよな～ ほんmoneyわかる!!’

– By Haruka

Divine (形容): 神聖な Fascinated in: (動): ～に魅了されている

Head over heels (連語): 夢中になって Exactly (副): その通り

まじまじマ
ジンガー

The meaning in English is 'really'? The meaning in Japanese is the same as まじで? An example sentence is:
‘まじまじマジンガーごめん、遅れた。’
- By Konoha

好きすぎて滅

It means a state where the feeling of affection is very very strong. This is also a song by the band M!LK!
‘私はK-POPが好きすぎて滅!’
- By Maasa

ヤバイ

My favorite slang is *yabai*. It means ‘oh my god’, and is also said when we are very happy. We often use it when we talk with our friends. An example sentence is:
‘あのテストはまじでヤバイよ!’
- By Yuiha

ハイ

I like the word ハイ (hai), which means being fun, being excited, having good vibes. I like this word because I feel vibes and fun from this word. When I enjoy something with my friends, I feel this emotion very much.
- By Takumi

State (名): 状態 Affection (名): 愛情

Vibe (名): 実はこれもスラングで、意味は: 雰囲気、ムード、空気感

HAVE A SAFE
AND FUN
SUMMER
VACATION!

